## Preventive Care – Health Care Reform

Healthcare to keep you healthy or to prevent or detect illness is called "preventive care." These services emphasize prevention and are designed to detect serious illness in the early stages when it's easier to treat and/or cure and less expensive. Under the Health Care Reform regulations, most preventative services are now covered at 100%. If you are enrolled in the Clermont Board of County Commissioners Employee Medical Plan, covered expenses include charges incurred by you for the following preventive services as recommended by the United States Preventive Services Task Force:

- o Routine child care examination, including routine vision and hearing screening as part of the exam
- o Routine adult care examination
- Well woman examination
- o Routine vision exam/screening
- o Routine hearing exam/screening
- Laboratory and x-ray services to detect or prevent *sickness*.
- Endoscopic services such as colonoscopy, proctosigmoidoscopy, and sigmoidoscopy screenings covered 1 per year regardless of diagnosis
- o Mammograms
- o Routine pap smear
- o A prostate specific antigen (PSA) test
- o Routine childhood immunizations for covered persons under the age of 18. TB tine tests and allergy desensitization injections are not considered routine immunizations.
- o Immunizations against Influenza, Pneumonia, Gardisil, Zostavax, Meningitis

Please refer to your Summary Plan Description for a detailed listing of covered preventive services.